

School Based Mental Health

Chaparral School and McKinley Children's Center are partnering to offer Mental Health treatment in the school setting.

HOW DOES IT WORK?

Bonita Unified School District counselors identify students who are struggling with issues that impact their emotional and behavior stability at school. When a student could use more support, a referral is made to the School Based Mental Health Counselor. The School Based team will then contact caregivers to get permission for students to be seen by the counselor. If permission is given, the counselor will meet with the student and caregiver to get some background information and complete an assessment. The Counselor will provide a diagnosis and work with the caregiver to develop a treatment plan. Caregivers are encouraged to keep in regular contact with the School-Based Counselor through phone or by attending sessions along with their student.

Who is Eligible?

Students who meet the criteria for medical necessity as established in the Short Doyle Act administered by Medi-Cal Services under the Los Angeles County Department of Mental Health. All school based mental health services provided by McKinley Children's Center are funded by Medi-Cal.

Who is the School Based Team?

The School Based Team consists of; a Professional Mental Health Counselor with a Master's Degree who is available to meet with your child at school and a Case manager with a Bachelor's Degree available to provide linkage for needed services. The Counselor and Case manager are both employed by McKinley Children's Center, but will work closely with staff at your child's school.

What can the “Team” do to help?

The School Based Team can help with many things, such as;

- Depression
- Anxiety
- Anger management
- Coping with change, such as divorce or death
- Managing stress or worry
- Developing healthy social skills
- Making positive decision

Some students or families could benefit from additional programs or services. The counselor and case manager will talk with you about what is available in our community and will help you get what you need.

- *Services are private and confidential. All students and parents will be asked to sign a release to share information with the School. Information shared will include things like the main goals for sessions or the number of sessions needed. (There is no charge to parents or students for this service, as the services will be paid by Medi-cal.)*

How do I get more info???

Contact your student’s school counselor at Chaparral School
or

Contact the School Based Mental Health Program:

McKinley Children’s Center

School Based Mental Health

762 W. Cypress St.

San Dimas, CA 91773

Phone: 909-599-1227 EXT. 1720

www.Mckinleycc.org